



Leisure, Information, & Self-Directed Learning

by Robert A. Stebbins, FRSC

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ABSTRACT. The three forms of leisure comprising the serious leisure perspective (SLP) --- serious, casual, and project-based leisure --- are presented. Their differential relationship to information is then explored. Next, self-directed learning (SDL) is introduced as a type of information behavior and a critical intervening process by which leisure and information are linked in the pursuit of free-time activities. The object of this paper is twofold: to examine the nature of the information acquired in pursuing leisure activities and to examine the ways this is done.

Bio. Robert A. Stebbins, FRSC, is Faculty Professor in the Department of Sociology at the University of Calgary. He received his Ph.D. in 1964 from the University of Minnesota. He has written over 230 articles and chapters and written or edited 43 books on leisure. Stebbins has received several awards, most notably, election as Fellow of the Academy of Leisure Sciences (1996), the Royal Society of Canada (1999), and the World Leisure Academy (2010).

